

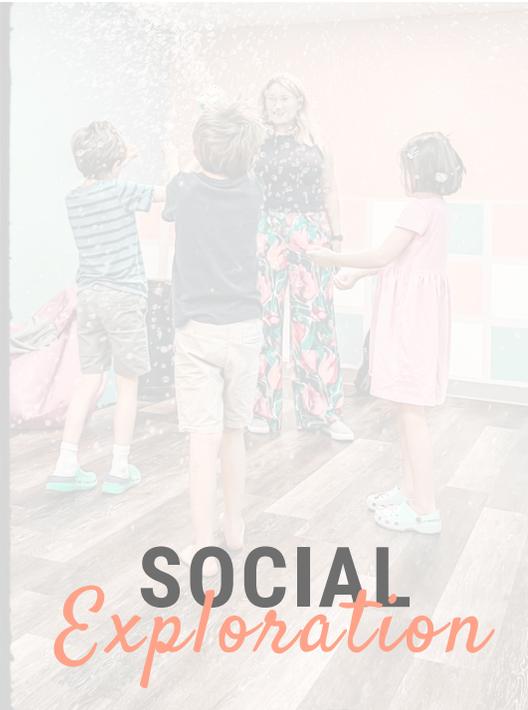
# INDIVIDUAL AND GROUP MUSIC THERAPY FOR ALL AGES



**MENTAL**  
*Health*



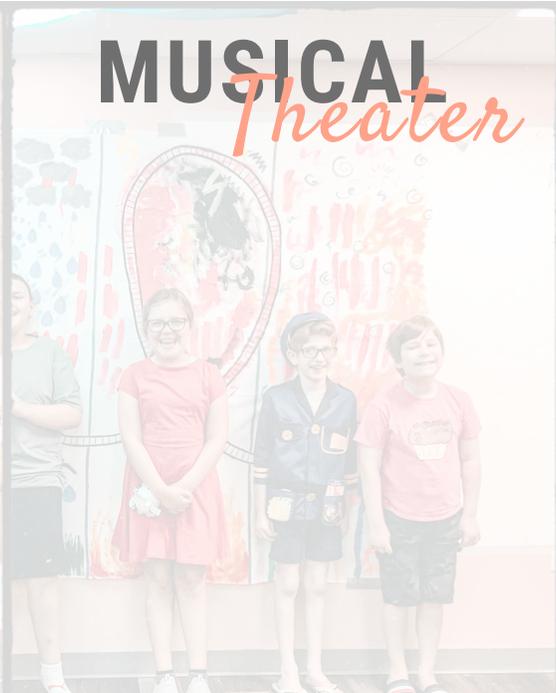
**YOUNG**  
*Adults*



**SOCIAL**  
*Exploration*



**EARLY**  
*Childhood*



**MUSICAL**  
*Theater*



**TEENS**  
*& Tweens*

**EMAIL [INFO@DYNAMICLYNKS.COM](mailto:INFO@DYNAMICLYNKS.COM)  
TO SCHEDULE A FREE CONSULTATION**

# EARLY *Childhood*

Dynamic Lynks' ages 2-6 programming focuses on learning through play! Children will practice social, emotional, cognitive, motor, & communication development through instrument play, story-telling, singing, and sensorimotor exploration.

The joy of music therapy is that your kid gets to be a kid! They will learn, grow, and thrive in an environment where their uniqueness is valued, their strengths are supported, and their goals are challenged.

We offer a diverse range of 1:1 and group therapy programs to best support each child we meet! Programs start as low as \$30



**EMAIL [INFO@DYNAMICLYNKS.COM](mailto:INFO@DYNAMICLYNKS.COM)  
TO SCHEDULE A FREE CONSULTATION**

# SOCIAL *Exploration*

Dynamic Lynks takes a neuro-affirming and strengths-based approach to support social & emotional learning.

In 1:1 sessions, therapists explore emotional expression, build joint & reciprocal engagement, and support each individual's social motivations through client-centered experiences.

In groups, peers practice age-appropriate strategies for engagement and fostering healthy relationships with a focus on self-monitoring and expression!

In both 1:1 sessions & therapy groups, this skill work is done through play, natural opportunities for peer relations, and a psycho-education style of social skill learning. Programs start as low as \$30



**EMAIL [INFO@DYNAMICLYNKS.COM](mailto:INFO@DYNAMICLYNKS.COM)  
TO SCHEDULE A FREE CONSULTATION**



# TEENS & Tweens

Tween & Teen programs at Dynamic Lynks use music for self expression, supporting social connection, identity exploration, and building confidence through strengths-based approaches.

Music Therapy groups provide opportunities to practice, learn about, and grow the social skills of creative collaboration, compromising, and social communication while connecting with peers who have a similar interest in music!

Tween & Teen programs use the creation of music, recording technology, electronic music making, as well as live instrument play to reach a diverse range of goals. Programs start as low as \$30



**EMAIL [INFO@DYNAMICLYNKS.COM](mailto:INFO@DYNAMICLYNKS.COM)  
TO SCHEDULE A FREE CONSULTATION**

# MUSICAL *Theater*

Musical theater is a form of artistic expression that can be celebrated by all individuals! Our performers will engage in music making, dancing, singing, and acting throughout this program.

Social opportunity and skill building are at the core of our musical theater programs.

The end product will be an original musical, created as a group, to perform at our annual showcases. This will give participants benefits of the process of musical exploration for skill building, and also the final product of performance with their peers, for their community!



**EMAIL [INFO@DYNAMICLYNKS.COM](mailto:INFO@DYNAMICLYNKS.COM)  
TO SCHEDULE A FREE CONSULTATION**

# YOUNG *Adults*

We know skill building doesn't end in childhood. Our team is proud to support young and emerging adults as they continue to grow their therapeutic, social, regulation, and communication skills. This group will focus on the challenges facing neurodiverse, autistic, and disabled adults.

These groups provide the opportunity to meet, find community, and build connection through music. Participants will learn a variety of strategies to support their social motivations, grow their toolkit for regulation, and build confidence through active music making.

Programs start as low as \$35



**EMAIL [INFO@DYNAMICLYNKS.COM](mailto:INFO@DYNAMICLYNKS.COM)  
TO SCHEDULE A FREE CONSULTATION**



# Meet the Team

OUR THERAPISTS HAVE AVAILABILITY FOR  
1:1 SESSIONS, MONDAY - SATURDAY



**ALYSSA**  
*Stone*  
MM, MT-BC

Areas of Focus:  
Clinical supervision, team  
development



**AVA**  
*Marvin*  
MT-BC

Areas of Focus:  
Social development, Teens,  
Neurodiversity, Social  
Groups



**DEB**  
*Soszko*  
MT-BC

Areas of Focus:  
School support, Student  
services, Supervision



**EMILY**  
*Padilla*  
MA, MT-BC

Areas of Focus:  
Neurodiversity, Early  
childhood, Child  
Development

EMAIL [INFO@DYNAMICLYNKS.COM](mailto:INFO@DYNAMICLYNKS.COM)  
TO SCHEDULE A FREE CONSULTATION



# Meet the Team

OUR THERAPISTS HAVE AVAILABILITY FOR  
1:1 SESSIONS, MONDAY - SATURDAY



**JESS**  
*Boy* MT-BC

Areas of Focus:  
Neurodiversity, Moderate  
to High Support Needs



**KATIE**  
*Sieger*  
MM, MT-BC

Areas of Focus:  
Social development, Teens,  
Neurodiversity, Social  
Groups



**SHELBY**  
*Jordan-Lake*  
MA, MT-BC

Areas of Focus:  
Mental Health, LGBTQIA+,  
Infant & Caregiver



**TAYLOR**  
*Farlin*  
MT-BC

Areas of Focus:  
Mental health,  
Social/Emotional Learning,  
Tweens & Teens

EMAIL [INFO@DYNAMICLYNKS.COM](mailto:INFO@DYNAMICLYNKS.COM)  
TO SCHEDULE A FREE CONSULTATION

**ALYSSA**  
*Stone*

MM, MT-BC

**CLINICAL DIRECTOR & FOUNDER**

Alyssa is a Board Certified, Neurologic Music Therapist, music educator and yoga instructor. Her holistic approach and determined drive have led to the reality of her life-long goal, running a successful therapeutic center for neurodiverse children! Alyssa currently supervises the Dynamic Lynks team and researches evidence-based practices for Music Therapy.

**AVA**  
*Marvin*  
MT-BC

**WED & THURS AVAILABILITY**

Ava received her degree in music therapy from Queens University of Charlotte where she also minored in psychology & theater performance. Ava's holistic approach is focused on viewing individuals as a whole person within the context of their life circumstances, and celebrating differences to fulfill their potential and reach a variety of goals.

**DEB**  
*Soszko*  
MT-BC

**DIRECTOR OF SCHOOLS**

Deb is a board-certified, neurologic music therapist with over 10 years of clinical experience. Deborah approaches her clinical work by ensuring each person's autonomy, communication methods, and interests are respected and embraced throughout the therapeutic process using a person-centered approach.

**LEARN MORE AT [DYNAMICLYNKS.COM/ABOUT-US](https://dynamiclynks.com/about-us)**

**EMILY**  
*Padilla*  
MA, MT-BC

**MON & SAT AVAILABILITY**

Emily received her Masters in Music Therapy from Saint Mary of the Woods College. Emily loves working with children & adults with varying needs/diagnoses. She uses an eclectic music therapy approach to best allow individuals to shine in sessions. Emily celebrates individuality & focuses on each person's strengths in order to reach their goals.

**JESSICA**  
*Boy* MT-BC

**TUE & SAT AVAILABILITY**

Jess received her degree in music therapy from the University of Dayton where she also minored in psychology. Jess' client-centered approach focuses on honoring her client's autonomy and celebrating the uniqueness of each individual. Jess has experience leading both individual sessions & groups with a diverse range of clients.

**LEARN MORE AT [DYNAMICLYNKS.COM/ABOUT-US](https://dynamiclynks.com/about-us)**

**KATIE**  
*Sieger*

MM, MT-BC

**MON - FRI AVAILABILITY**

Katie believes in a total communication approach along with individualized care, fitting the needs of each client. With a foundation in sensory processing, she uses behavioral and floortime techniques within music therapy sessions to build rapport. It is important to meet each client where they are, finding a just right balance between work and play.

**SHELBY**  
*Jordan-Lake*

MA, MT-BC

**MON - FRI AVAILABILITY**

Shelby received her Master's in Clinical Mental Health Counseling and Music Therapy from Lesley University. Her training experience includes providing music therapy for infants and caregivers, neurodivergent individuals, individuals with complex medical conditions, LGBTQIA+ individuals, & adolescents experiencing mental health challenges.

**TAYLOR**  
*Farlin*

MT-BC

**SATURDAY AVAILABILITY**

Taylor is passionate about providing a safe and supportive environment to all her clients and their families as they continue to learn, grow, and explore. Taylor has a range of music therapy experience from pediatric medical to adolescent and adult mental health, supporting a diverse population of clients along their mental health journey.

**LEARN MORE AT [DYNAMICLYNKS.COM/ABOUT-US](https://dynamiclynks.com/about-us)**

# LYNK UP *With Us*



Schedule a free consultation to learn more  
about the power of music therapy  
to support your goals

**EMAIL [INFO@DYNAMICLYNKS.COM](mailto:INFO@DYNAMICLYNKS.COM)  
TO MEET US IN THE MUSIC!**