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hello *ihola!*  
ciao  
bonjour *aloha*

As we look towards the 2023-2024 school year, we are eager to support new and diverse schools to help all students reach their fullest potential. We recognize that, each year, students have new challenges they face in learning, socializing, and developing critical skills for use both inside and outside of the classroom. Dynamic Lynks is a Music Therapy company that can support these areas of need in a FUNctional and engaging way. Our programs are tailored for your class and students based on age, preferences, cognitive and motor abilities, IEP goals, and other relevant factors!

Our team of Board-Certified Music Therapists bring over two decades of clinical experience to each session. We specialize in supporting individuals with developmental differences, neurodivergent diagnoses, communication disorders, and mental health needs. Our highly qualified staff use a person-centered approach to help each individual reach their goals through strengths-based music experiences and activities.




Dynamic Lynks is the premier Chicagoland Music Therapy provider for schools both public and private. We offer music therapy groups and individuals sessions for Pre-K to 12<sup>th</sup> grade therapeutic, self-contained, blended, and inclusion programs, as well as transition programs. Our programs are best suited for students with developmental, intellectual, and physical disabilities, as well as individuals with communication disorders, mental health needs, anxiety, and behavioral struggles.

**If you have never worked with a music therapist before, let us introduce ourselves and give you a snapshot of what we do!**

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#### ABOUT US

Dynamic Lynks provides comprehensive therapeutic sessions to spark lasting, positive change in children of all ages & abilities. Dynamic Lynks takes you from stress to success with holistic help and hope. All while having a little fun along the way!

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## BENEFITS OF MUSIC THERAPY IN SCHOOL SETTINGS

In group sessions, students will benefit from interventions targeting goal areas such as communication, cognition, social/emotional skills, motor/physical skills, and sensory regulation.

To best meet the goals of your students, you can expect to see:

- Expressive and receptive language work
- Opportunities for emotional expression through songwriting, instrument play, improvisation, and dancing
- Increased emotional identification and regulation using music guided coping tools
- Play-based social skill exploration using musical instruments, movement, musical games and more
- Implementation of sensory-regulation strategies
- Cognitive and attention skill development
- Integration and generalization of academic skills into new areas
- And so much more!



## ASSESSMENT PROTOCOLS FOR GOAL DEVELOPMENT HOW DO I KNOW THIS WILL BE EFFECTIVE?

Our team of highly qualified clinicians use the most up to date research and clinical methods to provide the best therapeutic approaches for your students. A pillar of our work is creating community through collaboration with the classroom teacher, speech language pathologist, occupational therapist, and other members of the IEP team. We know this is the key to our group's long-term success.

In coordination with the teaching staff, our team uses IEP goals, classroom goals, our original assessment tools, and data tracking materials to target goals and objective benchmarks created specifically for each group. We strive to highlight students' strengths using clearly laid out expectations, musical prompts, effective supports, and are eager to accommodate any and all communication, motor, social, and sensory needs.

## CLINICAL APPROACHES

### HOW DO THESE METHODS TRANSLATE TO THE SCHOOL SETTING?

Dynamic Lynks uses a holistic, person-centered approach in all therapy sessions. This means using multiple philosophies and clinical protocols in our Music Therapy treatment plans to access the brain-body connection, and best impact our students' outcomes.

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Holistic Services is not just a slogan, but truly a treatment approach focused on accessing the whole person to help each child reach their fullest potential.

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### Some of the evidence-based protocols we use in our therapy sessions include:

- **Neurologic Music Therapy** – Provides specific, individualized, and standardized interventions for those affected by neurodevelopmental disabilities or injury.
- **Behavioral Music Therapy** – Music is selected, created, improvised, and implemented to shape an individual's behavior.
- **Psychotherapy and Music** – The use of music to achieve psychosocial and emotional outcomes, such as developing insight, self-expression, and self-esteem.
- **Improvisational Music Therapy** – Based on the belief that everyone possesses a sensitivity to music that can be utilized for personal growth and development.

## LAYOUT OF A SESSION

### CUSTOM DESIGNED FOR YOUR NEEDS

Our music therapy groups are tailored to your students' goals, interests, and strengths. Using evidence-based research, we developed a session arc to effectively keep students engaged and teach new skills and help children thrive. Below are interventions you will likely see in your sessions:

- **Hello/Check-In songs** – encouraging positive social interactions with peers and emotional expression of individuals needs.
- **Instrument play** – targeting attention, cognitive, and motor skills through group instrument play and therapist-designed activities.
- **Musical Composition** – creating original songs as a group to work on collaborative problem-solving, social skills, and executive function skills.
- **Movement** – focusing on gross and fine motor skills, as well as providing opportunities for leadership.
- **Singing** – improving fluency, articulation, and expressive language skills, as well as providing opportunities for teamwork and group cohesion.
- **Music and Technology** – engaging through a familiar medium to create tangible products such as music videos or recorded songs to target skills across domains.

## FLEXIBLE OPTIONS TO MEET YOUR BUDGET

### PRICING AND BILLING

Dynamic Lynks is committed to quality care at an accessible price. We offer a range of services to meet your needs and are eager to find the perfect program for your budget.

MUSIC THERAPY SERVICES COST	30 MINUTES	45 MINUTES	60 MINUTES	75 MINUTES
1 Music Therapist	\$85	\$120	\$160	\$170

\*Travel costs added based on current IRS and Dynamic Lynks guidelines

We proudly offer flat rate pricing. You will never be billed for preparation or documentation time. The costs above give you all of that, and more! Your students benefit from highly-trained professionals who make learning and growing fun, all at one price to you.

## TESTIMONIALS AND REVIEWS

### WHAT THEY SAY ABOUT US

Dynamic Lynks prides itself on creating community through our music therapy sessions. But don't take our word for it, **hear what our community has to say about us!**

"I highly recommend Dynamic Lynks Music Therapy. This is one of the only times per week that I get complete engagement from everyone in my class. Students not only participate in singing and playing instruments, they work on academic, communication and social/emotional skills." – **Claire, Special Education Teacher**

"Comprehensive, strengths-based supports specifically tailored to my child. The therapists got to know my child and used their expertise to connect with him and develop a plan that built on his abilities and interests." – **Carrie, Parent**

"Session topics are relevant and of high interest, students are always actively engaged!! Thank you for your creative lessons addressing social/emotional needs of all learners!" – **Meghan, Special Education Teacher**

"Flexible, communicative, perceptive and work well with people of ALL backgrounds, ability levels and ages! I am constantly amazed by the professionals who work at this organization!" – **Amy, Special Education Teacher**

**We can't wait to provide the same results for you!**

Learn more at [dynamiclynks.com/schools](https://dynamiclynks.com/schools) and contact us today for a free consultation on how we can create the perfect program for your students.



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